

PRE-MEDICAL NUTRITION

Pre-professional pathway | Health Professions Advising

PREPARE FOR A CAREER IN MEDICAL NUTRITION

Medical nutrition combines science, nutrition, communication, and patient-centered care. At Chadron State College, Pre-Medical Nutrition helps students build a strong academic foundation while preparing for advanced study in medical nutrition.

With employment for dietitians and nutritionists projected to grow 8 percent nationwide from 2025 to 2035, the field offers strong opportunities for students interested in helping people improve their health through nutrition. Medical nutrition may be a good fit for those who are compassionate, culturally aware, critical and creative thinkers, strong listeners, and able to communicate clearly with people from diverse backgrounds.

FAST FACTS

Program Type

Pre-professional pathway

Degree

Bachelor of Science in Nutrition & Dietetics

Why CSC?

Personalized faculty advising and mentoring

Real-World Connections

Connect with health professionals, rural hospitals, and health care communities

Next Step

Apply to Chadron State College

WHERE THIS PATHWAY CAN LEAD

CAREERS

Registered Dietitian Nutritionist
Clinical Dietitian
Community Dietitian
Nutrition Educator
Public Health Nutritionist
Nutrition Program Specialist

WHERE YOU COULD WORK

Hospitals and medical centers
Professional athletic programs
Medical clinics
Rural health facilities
Long-term care facilities
Public health agencies
Food service

YOUR CSC EXPERIENCE

Personalized faculty advising
Health Professions Club
Mentoring and peer connections
Professional-school exploration
Rural health experiences

RURAL HEALTH OPPORTUNITIES PROGRAM

For eligible rural Nebraska students, RHOP offers a Medical Nutrition pathway from Chadron State College to UNMC. Students complete four years at CSC followed by approximately 1.5 years at UNMC in Omaha or Kearney. Benefits may include full tuition at CSC, guaranteed admission to the applicable UNMC program upon successful completion of RHOP requirements, faculty advising, professional development, sponsored visits, and meeting entrance requirements.

PLAN YOUR PATH WITH A FACULTY ADVISOR

No single course plan fits every future medical nutrition student. Professional programs establish their own prerequisite courses, admission standards, application requirements, and timelines, and these requirements may change.

Your CSC faculty advisors can help you choose an academic path that supports your goals, understand prerequisites, explore opportunities, and prepare for your next steps.

FACULTY ADVISORS**Dr. Erin Norman**

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Explore Pre-Health
Professions at CSC