

Chadron State College

4 Year Course Rotation

1 = Face-to-Face Delivery (0100, 0200, etc.)

2 = Online Only Delivery (7901, 7902, etc.)

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School	Department	Subject	Course #	Studies/Student Learning	Course Title	Summer	Fall	Spring	Summer	Fall	Spring	Summer	Fall	Spring	Summer	Fall	Spring
		i.e. HPER	i.e. 216	Component	i.e. Weight Training	2026	2026	2027	2027	2027	2028	2028	2028	2029	2029	2029	2030
PSAS	CSC-HPEHP	HPEHP	107	ES 11	INDIVIDUAL SPORTS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	107	ES 11	INDIVIDUAL SPORTS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	108	ES 11	FITNESS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	111	ES 11	SOCIAL DANCE												
PSAS	CSC-HPEHP	HPEHP	120	ES 11	OUTDOOR ACTIVITIES			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	122		FOUNDATIONS OF HEALTH & PE		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	124		FUNCTIONAL ANATOMY FOR HUMAN PERFORMANCE		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	124		FUNCTIONAL ANATOMY FOR HUMAN PERFORMANCE		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	134		INTRO TO ATHLETIC TRAINING		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	204		TRAINING METHODS			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	207	ES11	TEAM SPORTS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	220		THEORY & PSYCHOLOGY OF COACHING		2	2		2	2		2	2			
PSAS	CSC-HPEHP	HPEHP	220		THEORY & PSYCHOLOGY OF COACHING		2			2			2				
PSAS	CSC-HPEHP	HPEHP	221		RECREATION PROGRAMING		3						3				
PSAS	CSC-HPEHP	HPEHP	232		APPLIED EXERCISE PHYSIOLOGY			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	232		APPLIED EXERCISE PHYSIOLOGY			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	233	ES 11	PERSONAL HEALTH/WELLNESS	2	3	3	2	3	3	2	3	3	2	3	3
PSAS	CSC-HPEHP	HPEHP	233	ES 11	PERSONAL HEALTH/WELLNESS		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	233	ES 11	PERSONAL HEALTH/WELLNESS		2	2		2	2		2	2		2	2
PSAS	CSC-HPEHP	HPEHP	233	ES 11	PERSONAL HEALTH/WELLNESS		2	2		2	2		2	2		2	2
PSAS	CSC-HPEHP	HPEHP	234		INTRO TO SPORT & RECREATION		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	234		INTRO TO SPORT & RECREATION		2			2			2			2	
PSAS	CSC-HPEHP	HPEHP	236		HEALTH TOPICS FOR TEACHERS		2		2				2		2		
PSAS	CSC-HPEHP	HPEHP	237		ETHICAL ISSUES IN SPORT	2	2		2	2		2	2		2	2	
PSAS	CSC-HPEHP	HPEHP	250		RHYTHMIC MOVEMENT			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	325		TEACHING FUNDAMENTAL SPORTS SKILLS					3			3			3	

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		i.e. HPER	i.e. 216	Component	i.e. Weight Training	2026	2026	2027	2027	2027	2028	2028	2028	2029	2029	2029	2030
PSAS	CSC-HPEHP	HPEHP	332		SAFETY AND FIRST AID		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	332		SAFETY AND FIRST AID		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	333		LEADERSHIP IN RECREATION	2		2	2		2	2		2	2		2
PSAS	CSC-HPEHP	HPEHP	335		ADMINISTRATION OF SPORT AND REC.	2		2	2		2	2		2	2		2
PSAS	CSC-HPEHP	HPEHP	336		FITNESS EVAL & EXERCISE PRESCR		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	337		RECREATION FOR DIVERSE POPULATIONS	2		3	2		3	2		3	2		3
PSAS	CSC-HPEHP	HPEHP	339		THEORY OF HEALTH AND PHYSICAL EDUC K-8	2	2	2	2	2	2	2	2	2	2	2	2
PSAS	CSC-HPEHP	HPEHP	340		PRACTICUM IN STRENGTH & CONDIITONING			3			3			3		3	3
PSAS	CSC-HPEHP	HPEHP	342		GROUP FITNESS INSTRUCTION		3						3				
PSAS	CSC-HPEHP	HPEHP	343		DIVERSITY AND INCLUSION IN SPORT			2			2			2			2
PSAS	CSC-HPEHP	HPEHP	429		MOTOR MOVEMENT			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	400		INDEPENDENT STUDY OR RESEARCH												
PSAS	CSC-HPEHP	HPEHP	422		INTRO TO ADAPTED PHYS ED	2		3	2		3	2		3	2		3
PSAS	CSC-HPEHP	HPEHP	350		HEALTH EDUCATION METHODS					2						2	
PSAS	CSC-HPEHP	HPEHP	430		SEMINAR IN HPER	2			2			2			2		2
PSAS	CSC-HPEHP	HPEHP	431		PUBLIC HEALTH						2						2
PSAS	CSC-HPEHP	HPEHP	432		TESTS & MEASUREMENTS IN PE												
PSAS	CSC-HPEHP	HPEHP	433		ADVANCED ATHLETIC TRAINING			3						3			
PSAS	CSC-HPEHP	HPEHP	435		CURRICULUM AND ASSESSMENT IN PHYSICAL EDUCATION			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	436		ADVENTURE BASED LEARNING	2			2	3		2			2	3	
PSAS	CSC-HPEHP	HPEHP	437		LEGAL ASPECTS OF SPORT AND RECREATION	2	2		2	2		2	2		2	2	
PSAS	CSC-HPEHP	HPEHP	439		BIOLMECHANICS OF SPORTS		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	440		PREVENTION & CARE/ATHLETIC INJ		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	441		SCHOOL HEALTH PROGRAMS					2						2	
PSAS	CSC-HPEHP	HPEHP	442		AQUATICS/WATER SAFETY		3	3		3	3		3	3		3	3
PSAS	CSC-HPEHP	HPEHP	443		CURRICULUM AND ASSESSMENT IN HEALTH EDUCATION		2						2				

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PSAS	CSC-HPEHP	HPEHP	449		EVENT & FACILITY MANAGEMENT	2	2		2	2		2	2		2	2	
PSAS	CSC-HPEHP	HPEHP	453		SPORTS OFFICIATING					3							
PSAS	CSC-HPEHP	HPEHP	454		PRINCIPLES OF PERSONAL TRAINING			2			2			2			2
PSAS	CSC-HPEHP	HPEHP	456		ESSENTIALS OF STRENGTH & CONDITIONING		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	457		RESEARCH METHODS AND EVIDENCE BASED PRACTICE		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	469		SPORTS REPORTERS		2						2				
PSAS	CSC-HPEHP	HPEHP	490		INTERNSHIP IN HPER	2	2	2	2	2	2	2	2	2	2	2	2
PSAS	CSC-HPEHP	HPEHP	491		INTERNSHIP IN ATHLETIC ADMINISTRATION												
PSAS	CSC-HPEHP	HPEHP	492		INTERNSHIP IN COMMUNITY AND ADVENTURE RECREATION												
PSAS	CSC-HPEHP	HPEHP	493		INTERNSHIP IN FITNESS AND WELLNESS												
PSAS	CSC-HPEHP	HPEHP	494		TECHNIQUES OF COACHING I		3			3			3			3	
PSAS	CSC-HPEHP	HPEHP	495		TECHNIQUES OF COACHING II			3			3			3			3
PSAS	CSC-HPEHP	HPEHP	496		INTERNSHIP IN COACHING												
PSAS	CSC-HPEHP	HPEHP	499		INTERNSHIP IN STRENGTH AND CONDITIONING	2	2	2	2	2	2	2	2	2	2	2	2
PSAS	CSC-HPEHP	HPEHP	500		INDEPENDENT STUDY OR RESEARCH												
PSAS	CSC-HPEHP	HPEHP	522		ADAPTED PHYS EDUC	2			2			2			2		
PSAS	CSC-HPEHP	HPEHP	528		ADVANCED COACHING PHILOSOPHY					2						2	
PSAS	CSC-HPEHP	HPEHP	530		SEMINAR IN HPER	2			2			2			2		
PSAS	CSC-HPEHP	HPEHP	532		ADV PHYSIOL OF EXERCISE												
PSAS	CSC-HPEHP	HPEHP	533		PE IN ELEM SCHOOL				2								
PSAS	CSC-HPEHP	HPEHP	535		ADVANCED CURRICULUM AND ASSESSMENT IN PHYSICAL ED			2			2			2			2
PSAS	CSC-HPEHP	HPEHP	536		NCAA RULES		2						2				
PSAS	CSC-HPEHP	HPEHP	537		SPORT LAW			2			2			2			2
PSAS	CSC-HPEHP	HPEHP	539		BIOLMECHANICS OF SPORTS												
PSAS	CSC-HPEHP	HPEHP	541		ORG/DEV OF COMPREHENSIVE SCHOOL HEALTH PROG					2							
PSAS	CSC-HPEHP	HPEHP	543		ADVANCED CURRICULUM AND ASSESSMENT IN HEALTH ED		2						2				

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