

Advising Template
BA Sport and Recreation - Human Performance
26-27

Year 1

Fall Semester			Spring Semester			Summer Semester	
	FYI	3		ES #2	3		
HPEHP 234	Intro to Recreation	3	HPEHP 232	Applied Exercise Phys.	3		
HPEHP 124	Functional Anatomy	3		ES #4	3		
	2nd Option Course/Elective	3	HPEHP 204	Training Methods	3		
HPEHP 233	Personal Health and Wellness	3		2nd Option Course/Elective	3		
Total Hours		15	Total Hours		15	Total Hours	

Year 2

Fall Semester			Spring Semester			Summer Semester	
	ES #5	3		ES #7	3		
	ES #3	3		ES #8	3		
HPEHP 336	Fitness Eval and Exer Pers	3		2nd Option Course/Elective	3		
	ES #6	3	HPEHP 335	Administration of Sp. & Rec	3		
FCS 247	Nutrition	3	HPEHP 333	Leadership in Rec	3		
Total Hours		15	Total Hours		15	Total Hours	

Year 3

Fall Semester			Spring Semester			Summer Semester	
	ES #9	3	HPEHP 342	Group Fit Instruction	3		
	ES #10	3	FCS 447	Nutrition for Sport and Well	3		
	2nd Option Course/Elective	3	HPEHP 337	Rec for Diverse Pop	3		
HPEHP 449	Event and Facility Mgmt	3		2nd Option Course/Elective	3		
HPEHP 332	Safety and First Aid	3		2nd Option Course/Elective	3		
Total Hours		15	Total Hours		15	Total Hours	

Year 4

Fall Semester			Spring Semester			Summer Semester	
HPEHP 437	Legal Aspects of Sport	3	HPEHP 457	Research Methods	3		
	2nd Option Course/Elective	3		2nd Option Course/Elective	3		
HPEHP 439	Biomechanics of Sports	3		2nd Option Course/Elective	3		
HPEHP 442	Aquatics and WSI	3	HPEHP 490	Internship	3		
	2nd Option Course/Elective	3	HPEHP 454	Principles of Personal Train.	3		
Total Hours		15	Total Hours		15	Total Hours	

Degree Program Total

0	
0	
0	
0	