

March 27, 2020

Updates from Chadron State

Dear Students,

For many of you, the first week of remote-delivery classes is nearing its end. Hopefully, the transition has gone well, but if you still have questions about your courses, please visit with your instructors. It is important to actively participate in your courses because everyone at Chadron State College wants you to have a successful end to this semester.

We know a lot of information has been provided to you over the last week, and sometimes things get missed. Please review the information below to learn more about the resources the college is providing you during this situation.

Frequently Asked Questions

Thank you to all the students who submitted feedback. The questions you posed were great and the college learned from the process. A majority of those questions have been answered and are available at the [COVID-19 FAQ page](#). If you have additional questions or feedback, please email tcook@csc.edu.

Learning Lab Supporting Students Online

Tutoring in writing, math, and science will continue to be offered. All tutoring appointments will be conducted online via Zoom video conferencing. Appointments may be made at the [Learning Lab website](#) or by calling 308-432-6382.

Supplemental Instruction (SI) sessions will continue on the same schedule. Students will be able to join SI sessions remotely using Zoom at scheduled start times. SI leaders will use interactive whiteboards, polling, and other Zoom tools to facilitate group interaction.

Peer mentoring will continue to be offered online via Zoom. To make an appointment with a mentor, [visit our webpage](#). For students participating in the Back on Track program, we have cancelled the requirement for 10 hours of library study hall; however, please continue to meet with your mentor for a total of at least 10 meetings this semester. Don't forget to use [You@CSC](#) to help you set goals and find areas for improvement.

START Office

The START Office is no longer taking in-person visits in order to abide by CDC social distancing guidelines. However, START remains open Monday through Friday from 7:30 a.m. to 4:30 p.m. Call 308-432-6061 or email start@csc.edu to visit with an Academic Advisor or to set up a Zoom meeting.

Sixteen-week courses and second 8-week courses are not eligible for any refunds. If you are having difficulties with your courses, please use the resources mentioned in this email, including [Tutoring Services](#), [Student Remote Learning Resources](#), and the IT Help Desk.

If students encounter difficulties completing courses in this format with the accommodations provided, they have the option of withdrawing from the course (by the withdraw deadline stated in the [Academic](#)

[Calendar](#)) or to petition for a grade of Incomplete, pending instructor approval. The START Office is available to help with either of these options. If you are receiving financial aid, withdrawing from classes may have an impact on your financial aid.

IT Help Desk

The Information Technology Help Desk is available to assist you Monday through Thursday from 7:30 a.m. to 7 p.m., and Friday from 7:30 a.m. to 4:30 p.m. If you are experiencing technology issues that are making remote learning difficult, please reach out to the IT Help Desk at helpdesk@csc.edu or 308-432-6311. Additionally, there is a [24/7 virtual help desk](#) for CSC Online.

CSC Health and Counseling Services

Chadron State [counselors](#) are available to talk to students through these difficult times. We are able to adapt creative methods to fulfill our services. Please feel free to call 308-432-6232 or e-mail cbrennan@csc.edu to schedule an appointment or contact the counselors directly by emailing rbila@csc.edu or cwinters@csc.edu. We will be conducting counseling sessions through video conferencing or telephone.

Health Services is taking steps to protect you, our campus community, and staff. We ask that students and families call 308-432-6232, email nurse@csc.edu, or fax 308-432-6085 directly if you require our services or need to send us your information. Our offices are open to students and we encourage students to contact us via phone or email before visiting our offices. Students can also call the CSC nurse at 308-432-6022 or the Chadron Medical clinic at 308-432-4441 for a phone triage.

The office hours for the nurse are Monday through Friday from 8 a.m. to noon.

Register For Summer Courses

Learning opportunities at Chadron State College don't take a break during the summer months. You can use your MyCSC account to search for available summer courses under the Enrollment Tab. Please visit with your advisor and view your Academic Requirements page within MyCSC to review your specific degree requirements, prior to enrollment.

Try to Stay Active

It's tough to be socially distant, but there are several ways to energize yourself during these uncertain times. Take 15-minute breaks periodically by stretching, taking a short walk, or doing mindfulness work. Be sure to get outside daily, but follow the guidelines of not being in groups of more than 10 people and practice good social distancing. There are several home workouts available on YouTube that include such practices as yoga, high intensity interval training, and body weight exercises.

Finally, do something each day that brings a smile to your face. Write a letter to your favorite professor or someone at CSC who has an impact on you. Chances are good you'll get one back! All letters can be sent to 1000 Main Street, Chadron, NE 69337. Or take photos of people or things that remind you of campus and tag CSC or share them with [Tena Cook](#) or [Kelsey Brummels](#) for inclusion on our social media platforms. And, if you're finding other ways to be creative or battle these COVID-19 blues, let us know and we'd be happy to share those stories.

We appreciate your continued patience and understanding during this time in our lives. Please stay engaged with your classes, take care of your health, and do your part to maintain the health of others.

Be well,

Alex Helmbrecht