# Required Immunizations

All students born after December 31, 1956 and attending on-campus classes and/or living on-campus. If you do not have these immunizations, we will administer them to you upon your arrival to campus for a fee.

## Documentation of Proof of Immunity to MMR - Measles(Rubeola), Mumps, and Rubella must be provided by one of the following options:

**OPTION 1**
- Two MMR vaccinations
  - MMR#1 must be given after 12 months of age
  - MMR #2 must be given at least 28 days after 1<sup>st</sup> dose

*Attach copy of Immunization record if not previously submitted.*

**OPTION 2**
- Laboratory testing confirming immunity to:
  - Measles (Rubeola)
  - Mumps
  - Rubella

*Attach copy of lab results.*

*Medical or Religious waiver is available – contact Health Services for more information.*

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## -INTERNATIONAL STUDENTS ONLY- Tuberculosis (TB) Screening

Must be done within six months prior to enrollment or upon arrival to campus for a fee.

## Recommended Immunizations

Not required for admission but are recommended.

## Meningitis Information

Vaccination strongly recommended but not required.

Nebraska State Law requires that we inform parents and students of the risk of meningococcal disease, recommend vaccination, provide information about where to receive the vaccine and request confirmation that the information was received.

Meningococcal disease is uncommon, but is a very serious bacterial meningitis. Of the 14 million students enrolled in colleges nationwide, approximately 100 will acquire meningococcal disease each year. 10-15% of the cases result in death, despite antibiotic treatment, and 10-20% of survivors have serious medical consequences such as amputation, vision loss, hearing loss, etc. The bacteria is spread from person-to-person through secretions from the nose and throat.

**Symptoms can mimic influenza and include sudden onset of one or more of the following:**
- High fever
- Rash
- Nausea - Vomiting
- Severe Headache
- Neck stiffness
- Confusion
- Lethargy

**Prevention efforts include:**
- Good hand washing habits
- Not sharing eating utensils, drinks, cigarettes or lip balm
- Avoid smoking and binge drinking
- Eat nutritious meals
- Get regular exercise and adequate sleep
- Get the Meningococcal vaccine.

For more information visit with your family physician, CSC Student Health Services or visit the Centers for Disease Control website at [www.cdc.gov](http://www.cdc.gov). Contact your local Immunization Clinic or Medical Clinic for information about vaccine programs in your area. If the vaccine is unavailable in your area please contact CSC Health Services for options for vaccination locally.

I have read the information provided about Meningococcal disease.

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**ACKNOWLEDGEMENT OF READING:**

**SIGN HERE**

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**Required Immunizations**

<table>
<thead>
<tr>
<th>OPTION 1</th>
<th>OPTION 2</th>
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<tbody>
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*Attach copy of Immunization record if not previously submitted.*

*Attach copy of lab results.*

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**Documentation of Screening for Tuberculosis must be provided by one of the following options:**

**OPTION 1**
- TB Skin Test (Mantoux)
  *Results must be documented in mm of induration to be valid.*

**OPTION 2**
- IGRA blood test
  *This is the preferred test for those with previous positive TB Skin tests or a history of receiving BCG vaccine (T-spot or Quantiferon Gold are accepted)*

*Positive results for either option will require a chest xray.*

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**Recommended Immunizations**

- Hepatitis A – series of two vaccinations
- Hepatitis B – series of three vaccinations
- Tetanus, Diphtheria and Pertussis (Tdap) Primary series with DTaP, DPT and booster within the last 10 years.
- Polio – Series of three or four vaccinations
- Human Papillomavirus (HPV) – Series of three vaccinations
- Varicella (Chickenpox) – series of two vaccinations or history of disease.
- Influenza – yearly vaccination.
- Pneumococcal – recommended for those with chronic health conditions, lowered immune response or those who smoke.
- Meningococcal Meningitis – one vaccination if given after 16 years – booster needed if first dose was given prior to 16 years of age.

**Recommended Immunizations**

- Measles (Rubeola), Mumps, and Rubella
- Tetanus, Diphtheria, and Pertussis (Tdap)
- Polio
- Hepatitis A and B
- Varicella (Chickenpox)
- Influenza
- Pneumococcal
- Meningococcal

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**Acknowledgement of reading the Meningitis information is required.**

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**Student - REQUIRED**

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**Date**

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**Parent/Guardian (if student is under 19)**

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**Date**

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04-2015