

**PARENTS RELEASE AND INDEMNITY
AGREEMENT
TO: CSC TRACK & FIELD CAMP 2011**

We (I) hereby request that you accept the application for enrollment of (name) in the 2011 CSC Track & Field Camp during the dates set forth in this application, and in consideration of your acceptance of the application, we (I) hereby release the Board of Trustees of the Nebraska State Colleges, 2011 CSC Track & Field Camp and its employees from all claims because of any injuries which may be sustained by our (my) son/daughter while he/she is attending the 2011 CSC Track & Field Camp. We (I) agree to indemnify the Board of Trustees of the Nebraska State Colleges, 2011 CSC Track & Field Camp and its employees for any claim, which may hereafter be present by our (my) son/daughter as a result of any such injuries.

Furthermore, I certify that within the past year, my child has had a physical examination and that he is physically able to participate in Track & Field activities. In the event of illness or injury, we (I) hereby give consent for medical treatment and permission to the attending physician to hospitalize, secure proper treatment and order injections, anesthesia or surgery.

PARTICIPANT _____

PARENT _____

PARENT _____

(Whenever possible both parents must sign the release)

DATE: _____



**CHADRON STATE COLLEGE
SUMMER TRACK & FIELD CAMPS**



Kalen Prentice
School Record Holder – Pole Vault



Julia Bayer
National Qualifier – Long Jump



Lanar Newman
National Qualifier – Long Jump & Triple Jump

**2011
Chadron State College**



**Track & Field
Techniques Camp 1**
(All Sprints / Long & Triple Jump
Shot Put & Discus)



June 24th – June 25th
**Nelson Physical
Activity Center**



Introduction

Chadron State College wants to enhance the knowledge and technique of athletes involved in track and field events. CSC staff and athletes will be providing assistance with the material presented.

Athletes are asked to bring their own shoes, implements, and wear proper clothing to participate in the drill work activities presented.

This camp is open to athletes entering 7th-12th grade. Videotaping of any or all of the camp is permissible.

REMINDER!!!!

June 25th- 26th is the HURDLE, POLE VAULT HIGH JUMP, THROWS, DISTANCE techniques camp!

Benefits

- ◆ One-on-one instruction
- ◆ Weight training tips
- ◆ One-on-one discussion with coaches
- ◆ Opportunity to gain valuable training tips
- ◆ Campers covered by 24-hour insurance program
- ◆ Eagle Track & Field t-shirt

Check-In

Friday, June 24, 2011, at High Rise Hall
4:00-5:00 p.m.
Phone (308) 432-6425

Check-Out

4:00 – 5:00 p.m. Saturday, June 25, 2011 (1 camp)
4:00 – 5:00 p.m Sunday, June 26, 2011 (2 camps)

Costs

Single Camp Overnight Campers: \$100
Single Camp Commuters: \$75
BOTH Camps Overnight Campers: \$175
BOTH Camps Commuter Campers: \$125

* All Meals for All Campers is Included!

What to Bring

- ◆ A signed physician slip for check-in
- ◆ Equipment
 - Proper shoes (training shoes, spikes, throwing shoes, etc.)
 - Proper clothing (t-shirt, shorts)
 - Swimming Suit
 - Indoor/Outdoor throwing implements
 - Pole Vault Poles
- ◆ Personal Items
 - Towels, Pillow, Bedding, Toiletry Items and Spending Money

Age Limits

Students entering the seventh grade to those entering the 12th grade are eligible to participate.

General Information

The residence halls will be supervised at all times by the camp staff and the residence hall directors. Each camper should bring his/her own bedding or sleeping bag. The residence halls are air-conditioned.

The camp fee includes the use of the facilities, track and field instruction, a camp t-shirt and three meals a day for all resident campers. In addition, there will be the use of the Student Center and the snack bar located in the Student Center.

2011 Track & Field Camp Staff

Ryan Baily – Camp Director - Jumps

Matt Sparks – Sprints/Hurdles

Michael Gusbeth - Throws

Steve Nelson – Pole Vault

Jason Zichterman – Long Sprints

Past and Present CSC Track & Field Athletes



Jacob Gruver
2010 RMAC Athlete of the Meet



Jessica Horsley
2009 – National Qualifier – Hammer Throw

2011 Chadron State Track and Field Camp Personal Information Sheet

Name _____
Home Phone _____
Mailing Address _____
City _____ State ____ Zip Code _____
High School _____
Grade Entering ____ Shirt Size S M L XL XXL
Event(s) _____
Father's Name _____
Work Phone (____) _____
Mother's Name _____
Work Phone (____) _____
Emergency Contact _____
Phone (____) _____
Insurance Co _____
Phone # (____) _____
Policy # _____

CAMP COST:

(Make checks payable to *Eagles Track Camp*)

PLEASE READ AND SIGN THE RELEASE ON
THE BACK OF THIS FORM AND RETURN IT
WITH YOUR PERSONAL INFORMATION
SHEET TO:

Ryan Baily
Track & Field Camp Director
Chadron State College
Chadron, NE 69337
Phone: (308) 432-6425
E-mail: rbaily@csc.edu

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