



CSC Volleyball 8-Week Skills Camp

Come work on your volleyball skills with
Chadron State Volleyball Athletes and Coaches!!!
All training will be ability based and position specific.

\$10.00 per session or \$60.00 for all 8 sessions

Time: 5-7pm (subject to change)

Where: Armstrong Gym

Grades: 9th -12th

Tentative Schedule

1/18	Ball Control and Serving
1/25	Defense and Serve Receive
2/8	Serve Receive and Setting
2/15	Setting, Hitting, and Blocking
3/1	Team Defensive Drills
3/8	Team Offensive Drills
3/15	Team Drills and Live Play
3/29	Team Drills and Live Play

For registration and more information:

Contact Amy Spruiell at

308-432-6346 or

aspruiell@csc.edu